

HYDROMORPHONE INFORMATION LEAFLET

Dear

Your patient has been discharged home on HYDROMORPHONE (PALLADONE).

This is a strong opioid which is occasionally used as an alternative to Morphine. The range of side effects are similar, constipation is the commonest. Like Morphine it comes in slow release (12 hourly) and immediate release (4 hourly) formulations. The range of tablet strengths and Morphine equivalents are tabulated overleaf.

Your patient is currently on Hydromorphone SR 12 hourly (Palladone).

If they have breakthrough pain they can take:

Hydromorphone IR

The dose of Hydromorphone SR can be titrated up in 30-50% increments (as with MST).

The dose of Hydromorphone IR is approximately 1/6 of the total daily dose (as with Oramorph).

If you have any queries please phone:

Hospital or Community Macmillan Nurses
Hospital Pharmacy
Hospice or Palliative Care medical team

MORPHINE		HYDROMORPHONE	
MST 12 hourly	ORAMORPH for breakthrough	HYDROMORPHONE SR 12 hourly	HYDROMORPHONE IR for breakthrough
15mg	5mg	2mg	1.3mg
30mg	10mg	4mg	1.3mg
60mg	20mg	8mg	2.6mg
120mg	40mg	16mg	5.2mg
180mg	60mg	24mg	7.8mg